



**WEST COAST  
CANINE LIFE**

**WEST COAST CANINE LIFE**  
**TREATS, CAKES AND COOKIES**

## Biscuits – MEATY DELITES

### INGREDIENTS

- 4 cups of WEST COAST CANINE LIFE Premix
- ¼ lb raw ground boneless meat or liver simmered in a cup of water then ground
- Filtered water – enough to make the dough moist enough to roll

### BAKING INSTRUCTIONS

- Preheat oven to 275F.
- Whirl all the ingredients together in a food processor or mixer
- Process until dough forms a large ball. Use a little more Premix if dough is sticky OR use additional water if dough seems crumbly.
- Turn out dough and knead lightly.
- Line two cookie sheets with parchment/baking paper for perfect non-stick cookies
- Place dough in the centre of the sheet. Roll out thinly and evenly to about 1/4 inch thickness.
- With a sharp knife, score into bite size squares or small training treats.
- Bake ONE hour at 275F degrees. Cookies should feel hard and dry in the centre; if not give them another ½ hour.
- Turn off oven and let cookies cool for several hours in the oven. When thoroughly cool and dry, remove from baking sheet, break into pieces.
- Store in a container without a tight fitting lid. Do NOT refrigerate

**NOTE:** The more thoroughly dried out the biscuits are, the longer they will last.

## Biscuits – UNDER THE SEA TREATS

### INGREDIENTS

- 4 cups of WEST COAST CANINE LIFE Premix
- 1 can of tuna or salmon, drained and rinsed  
OR 1/4 lb. ground fresh fish
- Filtered water – enough to make the dough moist enough to roll

### BAKING INSTRUCTIONS

- Preheat oven to 275F.
- Whirl all the ingredients together in a food processor or mixer
- Process until dough forms a large ball. Use a little more Premix if dough is sticky OR use additional water if dough seems crumbly.
- Turn out dough and knead lightly.
- Line two cookie sheets with parchment/baking paper for perfect non-stick cookies
- Place dough in the centre of the sheet. Roll out thinly and evenly to about 1/4 inch thickness.
- With a sharp knife, score into bite size squares or small training treats.
- Bake ONE hour at 275F degrees. Cookies should feel hard and dry in the centre; if not give them another 1/2 hour.
- Turn off oven and let cookies cool for several hours in the oven. When thoroughly cool and dry, remove from baking sheet, break into pieces.
- Store in a container without a tight fitting lid. Do NOT refrigerate

**NOTE:** The more thoroughly dried out the biscuits are, the longer they will last.

# Biscuits – NUT BUTTER & BANANA YUM YUMS

## INGREDIENTS

- 4 cups of WEST COAST CANINE LIFE Premix
- ¼ cup organic nut\* butter
- 1 mashed banana
- 1 tsp. cinnamon
- Filtered water – enough to make the dough moist enough to roll

### Optional ingredients :

Add a handful of fresh or frozen cranberries or blueberries, crushed, minced or pureed.

**NOTE:** Try cashew or almond butter. Use caution when using any product containing nuts due to allergic concerns.

## BAKING INSTRUCTIONS

- Preheat oven to 275F.
- Whirl all the ingredients together in a food processor or mixer
- Process until dough forms a large ball. Use a little more Premix if dough is sticky OR use additional water if dough seems crumbly.
- Turn out dough and knead lightly.
- Line two cookie sheets with parchment/baking paper for perfect non-stick cookies
- Place dough in the centre of the sheet. Roll out thinly and evenly to about 1/4 inch thickness.
- With a sharp knife, score into bite size squares or small training treats.
- Bake ONE hour at 275F degrees. Cookies should feel hard and dry in the centre; if not give them another ½ hour.
- Turn off oven and let cookies cool for several hours in the oven. When thoroughly cool and dry, remove from baking sheet, break into pieces.
- Store in a container without a tight fitting lid. Do NOT refrigerate

**NOTE:** The more thoroughly dried out the biscuits are, the longer they will last.



## Biscuits – VEGGIE LITES

### INGREDIENTS

- 4 cups of WEST COAST CANINE LIFE Premix
- 1 cup finely ground fresh vegetables
- 1 mashed banana
- 1 tsp. cinnamon
- Filtered water – enough to make the dough moist enough to roll

### BAKING INSTRUCTIONS

- Preheat oven to 275F.
- Whirl all the ingredients together in a food processor or mixer
- Process until dough forms a large ball. Use a little more Premix if dough is sticky OR use additional water if dough seems crumbly.
- Turn out dough and knead lightly.
- Line two cookie sheets with parchment/baking paper for perfect non-stick cookies
- Place dough in the centre of the sheet. Roll out thinly and evenly to about 1/4 inch thickness.
- With a sharp knife, score into bite size squares or small training treats.
- Bake ONE hour at 275F degrees. Cookies should feel hard and dry in the centre; if not give them another ½ hour.
- Turn off oven and let cookies cool for several hours in the oven. When thoroughly cool and dry, remove from baking sheet, break into pieces.
- Store in a container without a tight fitting lid. Do NOT refrigerate

**NOTE:** The more thoroughly dried out the biscuits are, the longer they will last.

## Biscuits – APPLE SPICE LOW PROTEIN COOKIES

### INGREDIENTS

- 4 cups of WEST COAST CANINE LIFE Premix
- 1 cup unsweetened applesauce
  - OR 1 cup squash, sweet potato, or zucchini
  - OR 1/2 cup apple sauce and 1/2 cup pumpkin
- 1 mashed banana
- 1 tsp. cinnamon
- Filtered water – enough to make the dough moist enough to roll

### BAKING INSTRUCTIONS

- Preheat oven to 275F.
- Whirl all the ingredients together in a food processor or mixer
- Process until dough forms a large ball. Use a little more Premix if dough is sticky OR use additional water if dough seems crumbly.
- Turn out dough and knead lightly.
- Line two cookie sheets with parchment/baking paper for perfect non-stick cookies
- Place dough in the centre of the sheet. Roll out thinly and evenly to about 1/4 inch thickness.
- With a sharp knife, score into bite size squares or small training treats.
- Bake ONE hour at 275F degrees. Cookies should feel hard and dry in the centre; if not give them another 1/2 hour.
- Turn off oven and let cookies cool for several hours in the oven. When thoroughly cool and dry, remove from baking sheet, break into pieces.
- Store in a container without a tight fitting lid. Do NOT refrigerate

**NOTE:** The more thoroughly dried out the biscuits are, the longer they will last.

# SNAPPY TRAINING TREATS

## INGREDIENTS

- 1 cup WEST COAST CANINE LIFE Premix
- 1 lb boiled liver (Chicken, Turkey, Beef, or Bison)
- ¼ - ½ cup liver broth
- 1 tsp. cinnamon
- 1 small clove of garlic (optional)

## BAKING INSTRUCTIONS

- Preheat oven to 275F degrees. Line one large cookie sheet with parchment paper.
- Place raw liver and one small clove of garlic clove, if desired in a pot, adding just enough water to cover.
- Simmer until liver is thoroughly cooked (There will be no pink left).
- Whirl cooked liver, garlic clove, and ¼ – ½ cup broth in a food processor, until smooth.
- Add Premix, to form a thick easy to spread paste.
- Using a wet spatula spread a thin layer of liver paste on a parchment lined cookie sheet.
- Bake in preheated oven for about 2-1/2 hours, turning the liver over, half way through the baking time.
- Ensure that the liver is thoroughly cooked through and dry to the touch, before removing from the oven.
- Allow to cool completely, and then break into pieces.
- Store completely dry liver treats in a cookie jar or basket.

# SUNDAY MORNING PANCAKES

## INGREDIENTS

- 2 cups WEST COAST CANINE LIFE Premix
- 1 egg
- 1 grated medium size apple
- 1 mashed banana
- 1/2 cup canned pumpkin - unsweetened
- 1/2 cup plain yogurt
- 1 tsp cinnamon
- Enough filtered water to make a smooth pancake batter.

## BAKING INSTRUCTIONS

- Put the Premix into a bowl
- Add other ingredients and stir to make a smooth pancake batter.
- Use a small amount of olive oil in a non-stick pan, and cook pancakes for your favourite dog!

**Note:** Leftover pancakes can be wrapped well, and frozen for up to one month, or the recipe can easily be cut in half.



# HOLIDAY COOKIES

## INGREDIENTS

- 4 cups WEST COAST CANINE LIFE Premix
- 2 cups unsweetened applesauce  
OR canned unsweetened pumpkin  
OR a combination of both
- 1/2 cup unsweetened cranberry juice
- 1 tsp cinnamon
- Filtered water (if needed)

## BAKING INSTRUCTIONS

- Preheat oven to 275 F
- Whirl all the ingredients together in a food processor or mixer. Mix until dough forms a large ball with the consistency of shortbread. Use a little more Premix if the dough is sticky OR use additional filtered water if dough seems crumbly.
- Turn out dough and knead lightly.
- Line one large or two medium cookie sheets with parchment paper for perfect non-stick cookies every time.
- Place dough in the centre and roll out thinly to about 1/4 inch thickness. With a sharp knife or pizza cutter, score through into bite size or larger size squares.
- Bake for approximately 1 1/2 hours
- Cookies should feel HARD and THOROUGHLY DRY; if they are still moist, continue baking longer.
- Turn off oven and let cookies cool until completely dry.
- Store in a cookie jar, bowl or basket. The dryer the cookies are, the longer they will last.

# THANKSGIVING AND BOXING DAY TURKEY TREATS

## INGREDIENTS

- 4 cups WEST COAST CANINE LIFE Premix
- 2 cups pureed cooked, skinless, boneless turkey
- 1 cup filtered water
- 1 small clove of fresh minced garlic if desired (Garlic can be toxic to dogs in large amounts - Do NOT use more than one small clove.)

## BAKING INSTRUCTIONS

- Preheat oven to 275 F
- Whirl chopped turkey / gizzards, garlic clove and water together in a food processor or blender until smooth.
- Add to Premix and mix until dough forms a large ball with the consistency of shortbread. Use a little more Premix if dough is sticky OR use addition water if dough seems crumbly.
- Turn out dough and knead lightly
- Line one large or two medium cookie sheets with parchment paper for perfect non-stick cookies every time. Place dough in the centre and roll out thinly to about 1/4 inch thickness. With a sharp knife or pizza cutter, score through into bite size or larger size squares.
- Bake for approximately 1 1/2 hours
- Cookies should feel HARD and THOROUGHLY DRY; if they are still moist, continue baking longer.
- Turn off oven and let cookies cool until completely dry.
- Store in a cookie jar, bowl or basket. The dryer the cookies are, the longer they will last.

# HOLIDAY LEFTOVERS CASSEROLE

## INGREDIENTS

- 4 cups WEST COAST CANINE LIFE Premix
- 3 cups chopped, skinless, cooked turkey
- 1 cup chopped, leftover veggies
- 1/2 cup sunflower/safflower/olive oil
- 1 egg
- 1/2 cup cranberry juice
- Filtered water (if needed)

## BAKING INSTRUCTIONS

- Mix all ingredients together. This mixture should be the consistency of muffin batter.
- Lightly oil a non-stick glass casserole dish
- (an 8 x 8 dish works well). Mix above ingredients together.
- Bake at 350F for 34-40 minutes.

# Special Occasion Cakes

## INGREDIENTS

- 4 cups of WEST COAST CANINE LIFE Premix
- 1 cup of canned pumpkin, unsweetened apple sauce, or whole mashed bananas
- ½ cup fresh chopped berries
- 1 cup buttermilk or goat yogurt
- ¼ cup oil of your choice (such as Cold pressed olive oil, sunflower or safflower oil)
- 1 egg

## BAKING INSTRUCTIONS

- Preheat oven to 350F degrees.
- Lightly grease an 8 X 8 cake pan, or line with parchment paper.
- Thoroughly combine all ingredients, then pour batter into cake pan.
- Bake in preheated oven for 40 to 45 minutes, until a tooth pick inserted in the centre of the cake, comes out clean.
- Cool cake thoroughly before frosting with low fat cream cheese (optional).

Ice with low fat cream cheese and decorate with crumbled cookies.

You'll be your dog's best friend!